

KIT LIST

Below is a **suggested list** of items for a **Geography Study Tour** to Iceland. Each individual's weight limit for baggage is **44 lbs. (20 KG.)**. Everyone should carry **essential items (cash, passport, camera)** as **hand baggage**.

For **main baggage**, only one or two units should be used. Rucksacks are **NOT** necessary (although they are acceptable) and a **suitcase** or a **sturdy sports holdall** is quite adequate. Everyone **must** be able to carry all their luggage **short distances**.

It is a good idea to use a **day rucksack** for your one piece of **hand luggage**.

Walking boots	Toiletries	Camera
Walking socks (thick, woolly)	Towel and soap	Cash (sterling)
Trainers	Travel wash	Icelandic Kronur
Socks	Day rucksack	Passport
Sturdy Waterproof	Water bottle	Snack food
Cagoule/Anorak	Small self-seal bag (for rock samples)	Scarf
Waterproof over-trousers	Personal CD/MP3 player	Thick Gloves
Warm jacket (Ski-jacket)	Playing cards	Woolly Hat
Jumpers	Sunglasses (really!)	A book/magazine
Shirts/Tee-shirts	Field notebook (hardcover 6" x 8")	Medications
Casual trousers	Pens, pencils, crayons	Lip salve
Thermal underwear		Geography study material
Swimming costume/trunks		
Swimming towel		
Plastic bags for dirty/wet clothes		

Remember to pack swimming costume/trunks and swimming towel in hand luggage for use at the Blue Lagoon on arrival

Since much of your time will be out amongst **glaciers, volcanic landscapes** etc. then all clothes ought **not** to be **too** fashionable! A little "**scruffy**" is perfectly in order – **function** rather than **fashion!** "**Good**" clothes might only be required for days in **Reykjavik**. Pupils/students should aim to be able to keep themselves warm and dry throughout their Geography Study Tour (whilst always being prepared for sun and heat should it arrive!).

To help keep to weight limitations it's quite acceptable for everyone to wear their **walking/hiking boots** between the U.K. and Reykjavik.