

Core PE Programme 2021-22

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 X 1 x swim Y	Boys 1	Football/Rugby	Football/Rugby	Trampolining/Fitness	Swimming/Basketball Swimming/Basketball	Athletics/Cricket	Athletics/ Tennis
	Boys 2	Rugby/ Football	Basketball/ Football	Fitness/Trampolining	Dodgeball/Swimming/T ouch rugby Dodgeball/Touch rugby	Cricket/Athletics	Tennis/ Rounders
	Girls 1	Netball/Badminton	Netball/Swimming/Bad minton Netball/Badminton	Swimming/Gymnastics Swimming/Gymnastics	Trampolining/Football	Rounders/Athletics	Cricket/ Swimming
	Girls 2	Badminton/Netball	Swimming/Netball Swimming/Netball	Gymnastics/Fitness/Swi mming Gymnastics/Fitness	Football/Trampolining	Athletics/Basketball	Rounders/ Cricket
Year 8 X Y 1x swim	Boys 1	Basketball/ Football	Rugby/Fitness	Fitness/Swimming/Tabl e tennis Fitness/Swimming/Tabl e tennis	Trampolining/Swimm ing	Athletics/Cricket	Athletics/Badminton
	Boys 2	Football/Basketball	Fitness/Touch Rugby	Table tennis/Swimming	Swimming/Trampolin ing Swimming/Trampolin ing/Football	Cricket /Athletics Cricket /Athletics/Swimming	Badminton/Rounders Swimming/Rounders/B adminton
	Girls 1	Netball/Swimming Netball/Swimming/Gym nastics	Badminton/Swimming/ Badminton/Swimming	Trampolining/Basketball	Boogie B/Football	Athletics/Tennis	Athletics/Rounders
	Girls 2	Swimming/Gymnastics/ Netball Gymnastics/Netball	Swim/Badminton /Badminton	Basketball/Trampolining	Football/Boogie B	Tennis/Athletics	Rounders/Touch rugby
Year 9	Boys 1	Rugby/Basketball	Badminton/Dodgeball	Table tennis/Football	Trampolining/Handball	Athletics/Cricket	Athletics/ Tennis
	Boys 2	Basketball/Rugby	Dodgeball/Badminton	Football/Table tennis	Handball/Trampolining	Cricket/Athletics	Tennis/ Rounders
	Girls 1	Netball/Badminton	Football/Handball	Trampolining/Basketball	Boogie B/Dodgeball	Rounders/Athletics	Cricket/ Athletics
	Girls 2	Badminton/Netball	Handball/Football	Basketball/Trampolining	Dodgeball/Boogie B	Athletics/Tennis	Rounders/Touch rugby

Year 10	Boys 1	Rugby/Basketball	Football/Badminton	Table tennis/ Basketball	Trampolining/Handball	Athletics/Volleyball	Athletics/ Tennis
	Boys 2	Basketball/Rugby	Badminton/Football	Table Tennis/Handball	Fitness/Trampolining	Volleyball/Athletics	Tennis/ Softball
	Girls 1	Netball/Volleyball	Netball/Basketball	Fitness/Trampolining	Boogie B/Football	Athletics/Rounders	Cricket/Badminton
	Girls 2	Volleyball/Netball	Basketball/Netball	Trampolining/Fitness	Football/Boogie B	Rounders/Athletics	Badminton/ Cricket
Year 11	Boys 1	Football/Badminton	Football/Volleyball	Table tennis/Basketball	Trampolining/Rugby	Football/Basketball	
	Boys 2	Badminton/Football	Volleyball/Football	Basketball/Table tennis	Handball/Trampolining	Basketball/Football	
	Girls 1	Netball/Athletics	Netball/Badminton	Trampolining/Fitness	Boogie B/Dodgeball	Volleyball/Rounders	
	Girls 2	Rounders/Netball	Badminton/Netball	Fitness/Trampolining	Dodgeball/Boogie B	Rounders/Volleyball	