

How to Build... Positive Relationships

Course For Young People

Would you like to get on better with people online or in real life?

Are you living with a situation where relationships are challenging?

If you're in school years 7 and above then our short, online course could be for you!

6 sessions covers...

- Tips to help make friends
- How to deal with peer pressure
- Tips on getting on better with your family
- Online relationships and social media

Aylesbury

Thursdays 6 to 7PM

Southcourt Family Centre
HP21 8PD

Iver

Tuesdays 5.30 to 6.30PM

The Ivers Family Centre
SL0 9NT



starts week
beginning
10 Jan

Book a place

earlyhelpduty@buckinghamshire.gov.uk

For more information please visit

familyinfo.buckinghamshire.gov.uk/familysupport